

Welcome to Sun State Riding Academy!

### Dear Riders,

Welcome to Sun State Riding Academy, where our passion for horses and commitment to excellence converge to create a memorable and educational experience for riders of all levels. Whether you're new to the world of equestrianism or a seasoned rider, our academy offers a comprehensive curriculum designed to enhance your skills and deepen your understanding of horses and horseback riding.

#### Our Curriculum:

At Sun State Riding Academy, we believe in a structured curriculum that caters to the diverse needs and aspirations of our riders. Our curriculum is divided into three distinct learning levels, each offering a unique perspective on horsemanship:

# 1. Mounted Horsemanship Curriculum:

- Our mounted horsemanship curriculum focuses on riding lessons, offering options for both English and Western riding styles.
- Riders will learn essential riding techniques, horse handling skills, and riding etiquette under the guidance of our experienced instructors.
- The mounted horsemanship curriculum emphasizes safety, balance, and communication between rider and horse to ensure a fulfilling riding experience.

#### 2. Unmounted HorseSense Curriculum:

- In our unmounted HorseSense curriculum, riders delve into the intricacies of horse care and equine knowledge.
- Through barn lessons and interactive sessions, riders learn about horse anatomy, grooming techniques, feeding practices, and stable management.
- The HorseSense curriculum instills a deep appreciation for the welfare and well-being of our equine companions, fostering responsible stewardship among our riders.

#### 3. Unmounted HorseCentered Curriculum:

- Our newest addition, the unmounted HorseCentered curriculum, focuses on equine behavior and ground training.
- Riders explore the psychology of horses, learn effective communication methods, and develop essential groundwork skills.
- The HorseCentered curriculum promotes a holistic understanding of horses, emphasizing the importance of mutual trust and respect in the horse-human relationship.

All tracks within our curriculum combine theoretical knowledge with hands-on practice, ensuring that our riders acquire a comprehensive skill set that extends beyond the saddle.

## Required Items:

To fully participate in our riding program, riders are required to have the following items:

- ASTM/SEI or MIPS rated helmets
- Boots with a heel: paddock boots, cowboy boots, or approved riding boots
- Breeches
- Riding gloves
- Riding protective safety vests

You can purchase these items from reputable retailers such as:

- Amazon
- SmartPakEquine.com
- DoverSaddlery.com
- StateLineTack.com

These retailers offer a wide selection of high-quality equestrian gear to meet your needs and preferences.

These essential items ensure rider safety and comfort during lessons and are integral to maintaining a secure and enjoyable riding experience. After 8 lessons we will ask that you start making the required purchases.

At Sun State Riding Academy, we are dedicated to nurturing the equestrian spirit within each of our riders. Whether you aspire to compete professionally or simply seek the joy of horseback riding, we invite you to embark on this remarkable journey with us.

Saddle up and let the adventure begin!

Warm regards, Sun State Riding Academy

